

DANCE AND CHOREOGRAPHY, BACHELOR OF FINE ARTS (B.F.A.) WITH A CONCENTRATION IN PERFORMANCE/RICHMOND BALLET

VCU's Department of Dance and Choreography offers a four-year degree concentration within the B.F.A. specifically designed for Richmond Ballet trainees. This unique program bridges trainee experience with the Richmond Ballet professional company and rigorous pre-professional training with a focus in modern/contemporary dance. During the first two years, students receive VCU credit for their work at the Richmond Ballet while taking general education courses, dance history and improvisation at VCU. Students then complete the degree with two years at VCU, taking courses in modern/contemporary dance, ballet, composition, dance science, teaching methods and more. There are many opportunities to perform throughout the four years. This B.F.A. program is designed for disciplined students who are interested in attaining versatility in both ballet and modern/contemporary dance while exploring creative, historical and global perspectives of the field.

A very small number of students in this degree program are offered the opportunity to join Richmond Ballet II after their first two years. Students are encouraged to discuss professional and academic plans with their advisers should this occur.

Learning outcomes

Upon completing this program, students will know and know how to do the following:

- Students must demonstrate proficiency in improvisation, composition, choreography and related art forms that encourage creativity and an individual point of view.
- Students must demonstrate proficiency in modern dance and a diverse range of other dance techniques. The objective is to maximize students' potential to become versatile dancers of technical excellence.
- Students must demonstrate a global and historical perspective of dance as an art form with an emphasis on contemporary approaches to dance making and performance.
- Students must demonstrate writing and critical-thinking skills.
- Students must demonstrate comprehensive and theoretical understanding of the field.

Special requirements

An audition is required for acceptance into the dance program. Applicants must follow the admissions guidelines for arts students as described in the "Admission to the university" section of the bulletin.

The two-year trainee program of the Richmond Ballet provides intensive study and opportunities to perform in concert with the Richmond Ballet Company. Within this concentration, Richmond Ballet trainees enroll as full-time VCU dance majors when they enroll in the Richmond Ballet Trainee Program. Students must pass auditions for both programs and meet VCU academic requirements for admission.

Students in the performance/Richmond Ballet concentration must pay tuition for both the VCU and the Richmond Ballet Trainee programs.

Technique proficiency standard

All dance majors in the Richmond Ballet Trainee BFA must complete ballet technique to the level DANC 412 and modern technique to the DANC 302 level (or an equivalent approved by the chair and full-time faculty) to be eligible for graduation.

Senior project

In order to graduate, students must also complete DANC 490, which is a practical presentation in performance. A review committee, composed of full-time faculty members, approves senior projects in multiple stages. Eligibility is based on the student's overall academic record (credits earned, requirements met). Approval in stage one is based on the quality of the student's written proposal; in stage two it is based upon evaluation/review of the student's completed project proposed for presentation.

Degree requirements for Dance and Choreography, Bachelor of Fine Arts (B.F.A.) with a concentration in performance/Richmond Ballet

General Education requirement

Course	Title	Hours
University Core Education Curriculum		
UNIV 111 Play course video for Focused Inquiry I	Focused Inquiry I	3
UNIV 112 Play course video for Focused Inquiry II	Focused Inquiry II	3
UNIV 200	Inquiry and the Craft of Argument	3
	Approved humanities/fine arts	3
	Approved natural/physical sciences	3-4
	Approved quantitative literacy	3-4
	Approved social/behavioral sciences	3-4
Total Hours		21-24

Course	Title	Hours
Additional General Education requirements		
DANC 103 & DANC 104	Survey of Dance History and Survey of Dance History	6
DANC 313 or DANC 413	Dance in World Cultures African American Presence in American Dance, Performance and Social Contexts	3
Total Hours		9

Major requirements

Course	Title	Hours
DANC 105	Improvisation	2
DANC 201 & DANC 202	Modern Dance Technique II and Workshop and Modern Dance Technique II and Workshop	6

DANC 207	Studies in Music for Dance	3
DANC 260	Dance Production Workshop	2
DANC 293 & DANC 294	Professional Performance: Trainee Level First Year and Professional Performance: Trainee Level First Year	14
DANC 301 & DANC 302	Modern Dance Technique III and Workshop and Modern Dance Technique III and Workshop	6
DANC 307	Music and Dance Forms for Trainees	2
DANC 317	Anatomy for the Dancer	1
DANC 318	Dance Science	3
DANC 393 & DANC 394	Professional Performance: Trainee Level Second Year and Professional Performance: Trainee Level Second Year	16
DANC 405 & DANC 406	Composition for Trainees and Composition for Trainees	6
DANC 407	Teaching Methods for Dance	3
DANC 411 & DANZ 411	Ballet Technique IV and Ballet Technique IV Laboratory	3
DANC 411 & DANZ 411	Ballet Technique IV and Ballet Technique IV Laboratory	3
DANC 412 & DANZ 412	Ballet Technique IV and Ballet Technique IV Laboratory	3
DANC 412 & DANZ 412	Ballet Technique IV and Ballet Technique IV Laboratory	3
DANC 490	Senior Project (capstone)	3
Dance electives		5
Total Hours		84

Open electives

Course	Title	Hours
Select six open elective credits		6

Total minimum requirement 120 credits

Electives

Recommended dance electives include:

Course	Title	Hours
DANC/AFAM 121	Tap Technique I	2
DANC/AFAM 122	Tap Technique I	2
DANC 126 & DANC 127	African-Caribbean Dance I and African-Caribbean Dance I	4
DANC 141	Ballroom Dancing	1
DANC 142	Ballroom Dancing	1
DANC 191	West African Dance Techniques	2
DANC 213	Beginning/Intermediate Pointe	1
DANC 251	Jazz Technique II	2
DANC 253	Pilates	1-2
DANC 254	Yoga	1-3
DANC 255	Hip Hop Dance	2
DANC 256	Hip Hop Dance	2
DANC 261	Rehearsal and Performance	1-3

DANC 262	Rehearsal and Performance	1-3
DANC 315	Contact Improvisation	2
DANC 319	Video/Choreography Workshop	3
DANC 320	Video/Choreography Workshop	3
DANC 321	Partnering	2
DANC 360	Lighting Design for Dance	3
DANC 361	Rehearsal and Performance	1-3
DANC 362	Rehearsal and Performance	1-3
DANC 371	Repertory	3
DANC 372	Repertory	3
DANC 460	Business of Dance	2

Approved topics courses

What follows is a sample plan that meets the prescribed requirements within a four-year course of study at VCU. Please contact your adviser before beginning course work toward a degree.

Freshman year

Fall semester	Hours	
DANC 103	Survey of Dance History (gen ed)	3
DANC 105	Improvisation	2
DANC 293	Professional Performance: Trainee Level First Year	7
UNIV 111	Focused Inquiry I Play course video for Focused Inquiry I	3
Term Hours:		15

Spring semester

DANC 104	Survey of Dance History (gen ed)	3
DANC 294	Professional Performance: Trainee Level First Year	7
UNIV 112	Focused Inquiry II Play course video for Focused Inquiry II	3
Quantitative literacy course (University Core; MATH 131 suggested)		3
Term Hours:		16

Sophomore year

Fall semester	Hours	
DANC 393	Professional Performance: Trainee Level Second Year	8
UNIV 200	Inquiry and the Craft of Argument	3
Natural/physical sciences course (University Core)		3
Term Hours:		14

Spring semester

DANC 317	Anatomy for the Dancer	1
DANC 394	Professional Performance: Trainee Level Second Year	8
Humanities/fine arts course (University Core)		3
Social/behavioral sciences course (University Core)		3
Term Hours:		15

Junior year**Fall semester**

DANC 201	Modern Dance Technique II and Workshop	3
DANC 207	Studies in Music for Dance	3
DANC 260	Dance Production Workshop	2
DANC 318	Dance Science	3
DANC 411	Ballet Technique IV	2
DANZ 411	Ballet Technique IV Laboratory	1
Term Hours:		14

Spring semester

DANC 202	Modern Dance Technique II and Workshop	3
DANC 307	Music and Dance Forms for Trainees	2
DANC 313	Dance in World Cultures	3
or	or African American Presence in	
DANC 413	American Dance, Performance and Social Contexts	
DANC 412	Ballet Technique IV	2
DANZ 412	Ballet Technique IV Laboratory	1
DANC elective		2
Open elective		3
Term Hours:		16

Senior year**Fall semester**

DANC 301	Modern Dance Technique III and Workshop	3
or	or Modern Dance Technique IV and	
DANC 401	Workshop	
DANC 405	Composition for Trainees	3
DANC 407	Teaching Methods for Dance	3
DANC 411	Ballet Technique IV	2
DANZ 411	Ballet Technique IV Laboratory	1
DANC elective		3
Term Hours:		15

Spring semester

DANC 302	Modern Dance Technique III and Workshop	3
or	or Modern Dance Technique IV and	
DANC 402	Workshop	
DANC 406	Composition for Trainees	3
DANC 412	Ballet Technique IV	3
& DANZ 412	and Ballet Technique IV Laboratory	
DANC 490	Senior Project (capstone)	3
Open elective		3
Term Hours:		15
Total Hours:		120

- Dance (p. 3)
- Dance Lab (p. 8)

Dance**DANC 101. Modern Dance Technique I and Workshop. 3 Hours.**

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum total of 12 credits on the recommendation of the chair. Prerequisites: completion of DANC 101 to enroll in DANC 102. Dance major or departmental approval. Fundamental study and training in principles of modern dance technique. Emphasis is on body alignment, spatial patterning, flexibility, strength and kinesthetic awareness. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 102. Modern Dance Technique I and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum total of 12 credits on the recommendation of the chair. Prerequisites: completion of DANC 101 to enroll in DANC 102. Dance major or departmental approval. Fundamental study and training in principles of modern dance technique. Emphasis is on body alignment, spatial patterning, flexibility, strength and kinesthetic awareness. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 103. Survey of Dance History. 3 Hours.

Continuous courses; 3 lecture hours. 3-3 credits. Prerequisites: completion of DANC 103 to enroll in DANC 104. Dance major or departmental approval. First semester: dance from ritual to the contemporary ballet and the foundations of the Western aesthetic as it relates to dance, and the development of the ballet. Second semester: Western concert dance from the aesthetic dance of the late 1800s to contemporary modern dance. These courses are the first two of a three-course sequence that fulfills one of the general education writing intensive requirements for dance majors.

DANC 104. Survey of Dance History. 3 Hours.

Continuous courses; 3 lecture hours. 3-3 credits. Prerequisites: completion of DANC 103 to enroll in DANC 104. Dance major or departmental approval. First semester: dance from ritual to the contemporary ballet and the foundations of the Western aesthetic as it relates to dance, and the development of the ballet. Second semester: Western concert dance from the aesthetic dance of the late 1800s to contemporary modern dance. These courses are the first two of a three-course sequence that fulfills one of the general education writing intensive requirements for dance majors.

DANC 105. Improvisation. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. Prerequisite: completion of DANC 105 to enroll in DANC 106. An exploration of spontaneous body movement with the purpose of increasing body awareness, movement invention and movement creativity.

DANC 106. Improvisation. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. Prerequisite: completion of DANC 105 to enroll in DANC 106. An exploration of spontaneous body movement with the purpose of increasing body awareness, movement invention and movement creativity.

DANC 107. Music and Dance Forms. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisites: DANC 101 and 105, or permission of instructor. An exploration of the various traditional and nontraditional concepts of music that are used in collaboration with dance. Course includes lecture, reading, listening and movement assignments. Focus will be on the dancer's understanding and use of music through movement analysis and improvisation.

DANC 111. Ballet Technique I. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits.
Prerequisites: completion of DANC 111 to enroll in DANC 112.
Corequisites: DANZ 111-112. Dance major or departmental approval.
These courses may be repeated for a maximum total of 8 credits on the recommendation of the chair. Fundamental study of the principles of ballet technique.

DANC 112. Ballet Technique I. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits.
Prerequisites: completion of DANC 111 to enroll in DANC 112.
Corequisites: DANZ 111-112. Dance major or departmental approval.
These courses may be repeated for a maximum total of 8 credits on the recommendation of the chair. Fundamental study of the principles of ballet technique.

DANC 121. Tap Technique I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Beginning study and training in the principles of tap technique with emphasis upon style, body alignment, spatial patterning, flexibility, strength and kinesthetic awareness to move the body in the style required for tap dancing. Crosslisted as: AFAM 121.

DANC 122. Tap Technique I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Beginning study and training in the principles of tap technique with emphasis upon style, body alignment, spatial patterning, flexibility, strength and kinesthetic awareness to move the body in the style required for tap dancing. Crosslisted as: AFAM 122.

DANC 126. African-Caribbean Dance I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Dance based on the movements and rhythms of Africa and the Caribbean. Crosslisted as: AFAM 126.

DANC 127. African-Caribbean Dance I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Dance based on the movements and rhythms of Africa and the Caribbean. Crosslisted as: AFAM 127.

DANC 133. Introduction to Ballet Technique I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. This course may be repeated for a maximum total of 4 credits on the recommendation of the chair. For nonmajors. Introductory study of the principles of ballet technique.

DANC 134. Introduction to Ballet Technique II. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisite: DANC 133 or permission of instructor. For nonmajors. This course may be repeated for a maximum total of 4 credits on the recommendation of the chair. Further introductory study of the principles of ballet technique.

DANC 141. Ballroom Dancing. 1 Hour.

Semester courses; 2 studio hours. 1, 1 credit. A study of basic ballroom dance steps and practice in their performance.

DANC 142. Ballroom Dancing. 1 Hour.

Semester courses; 2 studio hours. 1, 1 credit. A study of basic ballroom dance steps and practice in their performance.

DANC 151. Jazz Dance Technique I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisite: DANC 102 or permission of instructor. Study and training in the principles and concepts of jazz technique. Emphasis on body alignment, flexibility, balance, rhythmic awareness and mastery of isolated movements of body parts. The course includes the exploration of the relationship between jazz music and jazz dance. Crosslisted as: AFAM 151.

DANC 152. Jazz Dance Technique I. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisite: DANC 102 or permission of instructor. Study and training in the principles and concepts of jazz technique. Emphasis on body alignment, flexibility, balance, rhythmic awareness and mastery of isolated movements of body parts. The course includes the exploration of the relationship between jazz music and jazz dance. Crosslisted as: AFAM 152.

DANC 161. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 4 credits. Dance rehearsals and production of work for a dance concert.

DANC 162. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 4 credits. Dance rehearsals and production of work for a dance concert.

DANC 171. T'ai Chi. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2 credits. Study and practice of T'ai Chi, a Chinese exercise form, which is designed to bring one to full potential through balancing, aligning and breathing exercises. The short Yang form, based on Taoist principles, strengthens the body while allowing for deep relaxation to take place. Application of T'ai Chi to creative dance techniques is explored as a springboard for improvisation.

DANC 172. T'ai Chi. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2 credits. Study and practice of T'ai Chi, a Chinese exercise form, which is designed to bring one to full potential through balancing, aligning and breathing exercises. The short Yang form, based on Taoist principles, strengthens the body while allowing for deep relaxation to take place. Application of T'ai Chi to creative dance techniques is explored as a springboard for improvisation.

DANC 183. Introduction to Modern Dance Technique. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. May be repeated for a maximum of 4 credits. For non-dance majors. Experiential introduction to basic movement principles, body alignment and the elements of modern dance.

DANC 184. Introduction to Modern Dance Technique. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisite: DANC 183 or by audition on first day of class. May be repeated for a maximum of 4 credits. For non-dance majors. Experiential introduction to basic movement principles, body alignment and the elements of modern dance.

DANC 191. West African Dance Techniques. 2 Hours.

Semester course: 1 lecture and 2 studio hours. 2 credits. May be repeated for up to 4 credits. This course is designed to provide the student with movement skill(s) and knowledge of traditional dances of West Africa, with an emphasis on the acquisition of basic movement sequences, as well as traditional dance techniques aligned with the songs, instruments, rhythms and foundational understanding of the cultural and historical context in which the dance derived. This course is open to students of all skill levels, from beginner to the more advanced.

DANC 201. Modern Dance Technique II and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 102, or departmental approval; completion of DANC 201 to enroll in DANC 202. Further study and training in the principles of modern dance technique on an intermediate level with the expectation of better coordination of all elements into a sense of dance. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 202. Modern Dance Technique II and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 102, or departmental approval; completion of DANC 201 to enroll in DANC 202. Further study and training in the principles of modern dance technique on an intermediate level with the expectation of better coordination of all elements into a sense of dance. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 204. Introduction to Composition. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisite: DANC 183 or DANC 184. Applied study of the introduction and principles of dance composition and the dance-making process. This course emphasizes the creation and performance of solo, duet and/or trio dances. This course will incorporate group improvisations, creating and performing dance studies, discussion, critical analysis, and journal writing. Dance experience is required.

DANC 205. Composition. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major and DANC 105 and 107, or departmental approval; completion of DANC 205 to enroll in DANC 206. An introduction to the basic elements of choreography.

DANC 206. Composition. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major and DANC 105 and 107, or departmental approval; completion of DANC 205 to enroll in DANC 206. An introduction to the basic elements of choreography.

DANC 207. Studies in Music for Dance. 3 Hours.

Semester course; 3 lecture hours. 3 credits. Prerequisites: dance major and DANC 107, or departmental approval. Study of the history, theory and aesthetics of music as it relates to dance. Course includes lecture, listening, reading, discussion, writing and oral presentations.

DANC 211. Ballet Technique II. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. This course may be repeated for a maximum total of 8 credits on the recommendation of the chair. Prerequisites: dance major and DANC 112, or departmental approval; completion of DANC 211 to enroll in DANC 212. Intermediate-level study, training and practice of ballet technique.

DANC 212. Ballet Technique II. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. This course may be repeated for a maximum total of 8 credits on the recommendation of the chair. Prerequisites: dance major and DANC 112, or departmental approval; completion of DANC 211 to enroll in DANC 212. Intermediate-level study, training and practice of ballet technique.

DANC 213. Beginning/Intermediate Pointe. 1 Hour.

Semester course; 2 studio hours. 1 credit. Course restricted to dance majors. Study and practice of pointe technique, including barre and center floor work using proper body alignment and safe movement mechanics.

DANC 221. Tap Technique II. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisite: Audition or permission of instructor. Further study and training in the principles of tap technique.

DANC 222. Tap Technique II. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisite: Audition or permission of instructor. Further study and training in the principles of tap technique.

DANC 251. Jazz Technique II. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisites: DANC 151, 152, or permission of instructor. An in-depth study of movement styles and qualities in jazz dance. Advanced work on integrating music and movement with focus upon chronology of jazz music and corresponding dance forms.

DANC 252. Jazz Technique II. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisites: DANC 151, 152, or permission of instructor. An in-depth study of movement styles and qualities in jazz dance. Advanced work on integrating music and movement with focus upon chronology of jazz music and corresponding dance forms.

DANC 253. Pilates. 1-2 Hours.

Semester course; 2-4 laboratory hours. 1-2 credits. Students engage in a physical practice: matwork of the Pilates system, built on the work of Joseph H. Pilates. The practice is designed to improve muscular-skeletal performance, strength, flexibility and endurance, while focusing on core stability, restoring the optimal curves of the spine, relieving tension and enhancing self-confidence. Basic muscular anatomy and kinesiology will also be integrated into instruction and cuing for greater body awareness.

DANC 254. Yoga. 1-3 Hours.

Semester course; 2-6 laboratory hours. 1-3 credits. Students engage in a physical practice based on yoga, taught from an experiential, philosophical and anatomic perspective, with an emphasis on dynamic flow that links breath and movement.

DANC 255. Hip Hop Dance. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisite: dance major or permission of instructor. Intermediate-level dance technique class that draws on the hip hop aesthetic to create a movement experience that emphasizes individual style, rhythmic awareness and physical prowess.

DANC 256. Hip Hop Dance. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2, 2 credits. Prerequisite: dance major or permission of instructor. Intermediate-level dance technique class that draws on the hip hop aesthetic to create a movement experience that emphasizes individual style, rhythmic awareness and physical prowess.

DANC 260. Dance Production Workshop. 2 Hours.

Semester course; 2 lecture hours. 2 credits. Prerequisite: dance major or permission of instructor. An introduction to the basic principles of dance lighting and technical theatre through lecture, practical demonstration and discussion.

DANC 261. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 4 credits. Dance rehearsals and production of work for a major dance concert.

DANC 262. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 4 credits. Dance rehearsals and production of work for a major dance concert.

DANC 291. Topics in Dance. 1-4 Hours.

Semester course; 1-4 credits. May be repeated for a maximum of 8 credits. Prerequisite: permission of instructor. A seminar or workshop on a selected issue or topic in the field of dance. See the Schedule of Classes for specific topics to be offered each semester.

DANC 293. Professional Performance: Trainee Level First Year. 7 Hours.

Continuous course; 7 credits per semester. Prerequisite: official trainee status with an approved professional dance company and permission of the chair. Training, rehearsal and performance as a trainee with a professional dance company approved by VCU Dance.

DANC 294. Professional Performance: Trainee Level First Year. 7 Hours.

Continuous course; 7 credits per semester. Prerequisite: official trainee status with an approved professional dance company and permission of the chair. Training, rehearsal and performance as a trainee with a professional dance company approved by VCU Dance.

DANC 301. Modern Dance Technique III and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 202, or departmental approval; completion of DANC 301 to enroll in DANC 302. Advanced study and training in principles of modern dance technique. Movement studies demanding greater strength and flexibility. Spatial patterns demanding increased coordination, kinesthetic awareness and aesthetic sensitivity. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 302. Modern Dance Technique III and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 202, or departmental approval; completion of DANC 301 to enroll in DANC 302. Advanced study and training in principles of modern dance technique. Movement studies demanding greater strength and flexibility. Spatial patterns demanding increased coordination, kinesthetic awareness and aesthetic sensitivity. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 303. Choreography/Performance. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major, DANC 205-206 and 207, and successful completion of the sophomore readmittance evaluation; completion of DANC 303 to enroll in DANC 304. The craft of choreography and performing techniques are explored extensively as students develop solo and group pieces while rotating in the roles of choreographer/director and performer.

DANC 304. Choreography/Performance. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major, DANC 205-206 and 207, and successful completion of the sophomore readmittance evaluation; completion of DANC 303 to enroll in DANC 304. The craft of choreography and performing techniques are explored extensively as students develop solo and group pieces while rotating in the roles of choreographer/director and performer.

DANC 307. Music and Dance Forms for Trainees. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. Prerequisites: DANC 105 and 394, or permission of instructor. An exploration of the various traditional and nontraditional concepts of music that are used in collaboration with dance. Course includes lecture, reading, listening and viewing of choreography with writing and movement assignments.

DANC 311. Ballet Technique III. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. This course may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 212, or departmental approval; completion of DANC 311 to enroll in DANC 312. Advanced training, study and practice of ballet technique focusing on the refinement and performance skills.

DANC 312. Ballet Technique III. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. This course may be repeated for a maximum of 12 credits on the recommendation of the chair. Prerequisites: dance major and DANC 212, or departmental approval; completion of DANC 311 to enroll in DANC 312. Advanced training, study and practice of ballet technique focusing on the refinement and performance skills.

DANC 313. Dance in World Cultures. 3 Hours.

Semester course; 2 lecture and 2 studio hours. 3 credits. Prerequisite: DANC 103-104 and UNIV 200 or HONR 200, or permission of instructor. This course is the third in a sequence that fulfills one of the general education writing intensive requirements for dance majors. Students learn and participate in dance styles of various world cultures as they study cultural traditions and how they are expressed in movement. No dance experience necessary. This course will include lectures, readings, research and discussion. Students will engage in the viewing and discussion of films, videos and dance concerts.

DANC 315. Contact Improvisation. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. May be repeated for a maximum total of 6 credits. Exploration of the technique of partnering and the exchange of weight in an improvisational format. Emphasis is on a shared process that explores gravity, lifting, and the give and take of body weight.

DANC 316. Contact Improvisation. 2 Hours.

Semester courses; 1 lecture and 2 studio hours. 2 credits. Prerequisites: DANC 101, 102, or permission of instructor. Exploration of the technique of partnering and the exchange of weight in an improvisational format. Emphasis is on a shared process that explores gravity, lifting, and the give and take of body weight.

DANC 317. Anatomy for the Dancer. 1 Hour.

Semester course; 2 laboratory hours. 1 credit. Prerequisite: dance major and UNIV 200 or HONR 200. A Web-based, self-study course designed for dance students. Integrates the study of anatomy with dance terminology, skills and concepts. Covers basic knowledge of skeletal, muscular and nervous systems of the body and applies this information to principles important to dance.

DANC 318. Dance Science. 3 Hours.

Semester course; 2 lecture and 2 laboratory hours. 3 credits. Prerequisites: dance major and DANC 317. A team-taught lecture and laboratory course that applies anatomical and basic kinesiological concepts to dance technique. Students will analyze and assess dance movement using scientific principles as well as study the interplay between the aesthetic qualities and biomechanics of dance technique, and the role of this study in injury prevention.

DANC 319. Video/Choreography Workshop. 3 Hours.

Semester courses; 2 lecture and 2 studio hours. 3, 3 credits. Prerequisites: experience in movement, performance and/or video/film, or permission of instructor. Students gain practical skills as well as basic theoretical foundation in the principles of working with video and choreography.

DANC 320. Video/Choreography Workshop. 3 Hours.

Semester courses; 2 lecture and 2 studio hours. 3, 3 credits. Prerequisites: experience in movement, performance and/or video/film, or permission of instructor. Students gain practical skills as well as basic theoretical foundation in the principles of working with video and choreography.

DANC 321. Partnering. 2 Hours.

Semester course; 1 lecture and 2 studio hours. 2 credits. May be repeated for a maximum total of 4 credits. Enrollment restricted to dance majors. Investigation and practice of traditional to contemporary partnering concepts supporting the fundamental through advanced development of skills necessary for a dancer and choreographer.

DANC 360. Lighting Design for Dance. 3 Hours.

Semester course; 3 lecture hours. 3 credits. Prerequisite: DANC 260 or permission of instructor. Open to qualified School of the Arts majors only. A study in the art of lighting design as it evolves from the choreographer/designer collaboration. The basic techniques of drafting, use of color and composition of space related to light and movement.

DANC 361. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 9 credits. Dance rehearsals and production of work for a major dance concert.

DANC 362. Rehearsal and Performance. 1-3 Hours.

Semester course; hours to be arranged. 1-3 credits. Prerequisite: audition. May be repeated for a maximum of 9 credits. Dance rehearsals and production of work for a major dance concert.

DANC 371. Repertory. 3 Hours.

Semester course; 2 lecture and 2 studio hours. 3 credits. Prerequisite: audition. May be repeated for a maximum of 9 credits. Study and rehearsal of roles in choreography produced by the faculty and/or guest artists, with the objective of achieving a performance level.

DANC 372. Repertory. 3 Hours.

Semester course; 2 lecture and 2 studio hours. 3 credits. Prerequisite: audition. May be repeated for a maximum of 9 credits. Study and rehearsal of roles in choreography produced by the faculty and/or guest artists, with the objective of achieving a performance level.

DANC 393. Professional Performance: Trainee Level Second Year. 8 Hours.

Continuous course; 8 credits per semester. Prerequisite: official apprentice status with an approved professional dance company and permission of the chair. Training, rehearsal and performance as an apprentice with a professional dance company approved by VCU Dance.

DANC 394. Professional Performance: Trainee Level Second Year. 8 Hours.

Continuous course; 8 credits per semester. Prerequisite: official apprentice status with an approved professional dance company and permission of the chair. Training, rehearsal and performance as an apprentice with a professional dance company approved by VCU Dance.

DANC 401. Modern Dance Technique IV and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 18 credits on the recommendation of the department chair. Prerequisites: dance major and DANC 302, or departmental approval; completion of DANC 401 to enroll in DANC 402. Preprofessional study and training in modern dance technique. Movement studies demanding a superior level of clarity, strength and flexibility. Movement patterns demanding a high level of coordination, deep kinesthetic awareness and aesthetic sensitivity. Exploration of a wide range of performance qualities. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 402. Modern Dance Technique IV and Workshop. 3 Hours.

Continuous courses; 1 lecture and 6 studio hours. 3-3 credits. These courses may be repeated for a maximum of 18 credits on the recommendation of the department chair. Prerequisites: dance major and DANC 302, or departmental approval; completion of DANC 401 to enroll in DANC 402. Preprofessional study and training in modern dance technique. Movement studies demanding a superior level of clarity, strength and flexibility. Movement patterns demanding a high level of coordination, deep kinesthetic awareness and aesthetic sensitivity. Exploration of a wide range of performance qualities. Course includes weekly group exploration of techniques related to all areas of dance.

DANC 405. Composition for Trainees. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major and DANC 105 and 307, or departmental approval; completion of DANC 405 to enroll in DANC 406. Exploration and research of the elements of choreography.

DANC 406. Composition for Trainees. 3 Hours.

Continuous courses; 2 lecture and 2 studio hours. 3-3 credits. Prerequisites: dance major and DANC 105 and 307, or departmental approval; completion of DANC 405 to enroll in DANC 406. Exploration and research of the elements of choreography.

DANC 407. Teaching Methods for Dance. 3 Hours.

Semester course; 2 lecture and 2 studio hours. 3 credits. Prerequisite: dance major and DANC 302. The student learns to analyze and communicate movement in a variety of teaching situations. The student will have an opportunity to observe different teaching techniques and to practically apply learned teaching concepts and theories.

DANC 411. Ballet Technique IV. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. May be repeated for a maximum total of 12 credits. Prerequisites: dance major and placement audition or permission of the chair; completion of DANC 411 to enroll in DANC 412. Preprofessional study and practice of ballet technique focusing on the refinement of technical skills and the elements of dynamic performance in ballet.

DANC 412. Ballet Technique IV. 2 Hours.

Continuous courses; 1 lecture and 2 studio hours. 2-2 credits. May be repeated for a maximum total of 12 credits. Prerequisites: dance major and placement audition or permission of the chair; completion of DANC 411 to enroll in DANC 412. Preprofessional study and practice of ballet technique focusing on the refinement of technical skills and the elements of dynamic performance in ballet.

DANC 413. African American Presence in American Dance, Performance and Social Contexts. 3 Hours.

Semester course; 3 lecture hours. 3 credits. Prerequisites: DANC 103-104 and UNIV 200 or HONR 200, or permission of instructor. This course is an option for the third course in a sequence that fulfills a writing intensive requirement for dance majors only. Examines African-American history, culture and aesthetics as they relate to dance in American social and performance contexts. Includes lectures, readings, research and video screenings.

DANC 414. Summer Dance Workshop. 1-3 Hours.

Semester courses; variable hours. 1 or 3 credits per semester. May be repeated for credit. Flexible course offerings in dance technique, improvisation, composition, rhythmic training and repertory. See the Schedule of Classes for specific topics to be offered each semester.

DANC 450. Professional Project. 2-9 Hours.

Semester course; 3-9 credits. May be repeated for a maximum of 12 credits. Prerequisite: dance major. An individualized program in research and/or practicum within a professionally-oriented organization, subject to approval of the department faculty.

DANC 451. Careers in Dance. 3 Hours.

Semester course; 3 lecture hours. 3 credits. Prerequisite: dance major. Realistic aspects of the dance profession, as performer, teacher and researcher. The student's learning experience culminates in a final project that enhances and challenges the student in both areas of performance and choreography. The project must attain public performance status.

DANC 455. Dance Criticism. 2 Hours.

Semester course; 2 lecture hours. 2 credits. Prerequisites: DANC 103, DANC 104 and UNIV 200. Enrollment is restricted to dance majors and minors. Students in this course will consider dance criticism from historical and contemporary perspectives, investigating issues of culture, identity and power. Students will engage with the practice of writing dance criticism as a creative act, considering both poetics and mechanics. Students will read and respond to contemporary and historical dance reviews and essays; read and respond to poetry as a practice which fuels their creativity and invention as writers grappling with the ephemerality of dance; and will write and revise reviews of performances.

DANC 460. Business of Dance. 2 Hours.

Semester course; 2 lecture hours. 2 credits. Prerequisite: UNIV 200. Enrollment restricted to dance majors. Investigation of diverse business models in dance performance, creation, production and administration.

DANC 490. Senior Project. 3 Hours.

Semester course; 3 lecture hours. 3 credits. Prerequisites: dance major; DANC 302, 303 and 304; and departmental approval. The culmination of the student's learning experience in a final project that enhances and challenges the student in both areas of performance and choreography. The project must attain public performance status.

DANC 491. Topics in Dance. 1-4 Hours.

Semester course; 1-4 credits. May be repeated for a maximum of 8 credits. Prerequisite: permission of instructor. A seminar or workshop on a selected issue or topic in the field of dance. See the Schedule of Classes for specific topics to be offered each semester.

DANC 492. Independent Study in Dance. 1-3 Hours.

Semester course; variable hours. 1-3 credits. May be repeated for a maximum total of six credits. Prerequisites: dance major status and approval of department chair and instructor. Individual instruction and supervision of a special project. Learning experiences should be designed with the supervising faculty member in the form of a contract between student and instructor. This course is limited to those students who have demonstrated an exceptional level of ability and intense commitment to their discipline.

Dance Lab

DANZ 111. Ballet Technique I Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. These courses may be repeated for a maximum of 4 credits on the recommendation of the chair. Prerequisites: completion of DANZ 111 to enroll in DANZ 112. Corequisites: DANC 111-112. Dance major or permission of instructor. Reinforcement in the study of ballet technique at the fundamental level. Emphasis focusing on alignment and in-depth practice of ballet steps. An extension of DANC 111-112 to be taken concurrently.

DANZ 112. Ballet Technique I Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. These courses may be repeated for a maximum of 4 credits on the recommendation of the chair. Prerequisites: completion of DANZ 111 to enroll in DANZ 112. Corequisites: DANC 111-112. Dance major or permission of instructor. Reinforcement in the study of ballet technique at the fundamental level. Emphasis focusing on alignment and in-depth practice of ballet steps. An extension of DANC 111-112 to be taken concurrently.

DANZ 211. Ballet Technique II Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. These courses may be repeated for a maximum total of 4 credits on the recommendation of the chair. Prerequisites: dance major and DANC/DANZ 112, or departmental approval; completion of DANZ 211 to enroll in DANZ 212. A reinforcement in the study of ballet technique at the intermediate level. An extension of DANC 211-212 to be taken concurrently.

DANZ 212. Ballet Technique II Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. These courses may be repeated for a maximum total of 4 credits on the recommendation of the chair. Prerequisites: dance major and DANC/DANZ 112, or departmental approval; completion of DANZ 211 to enroll in DANZ 212. A reinforcement in the study of ballet technique at the intermediate level. An extension of DANC 211-212 to be taken concurrently.

DANZ 311. Ballet Technique III Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. May be repeated for a maximum total of 6 credits on the recommendation of the chair. Prerequisites: completion of DANZ 311 to enroll in DANZ 312. Dance major and placement audition or permission of the chair. Reinforcement in the study of ballet technique at the advanced level. May be taken concurrently with DANC 311-312.

DANZ 312. Ballet Technique III Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. May be repeated for a maximum total of 6 credits on the recommendation of the chair. Prerequisites: completion of DANZ 311 to enroll in DANZ 312. Dance major and placement audition or permission of the chair. Reinforcement in the study of ballet technique at the advanced level. May be taken concurrently with DANC 311-312.

DANZ 411. Ballet Technique IV Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. May be repeated for a maximum total of 4 credits on the recommendation of the chair. Prerequisites: completion of DANZ 411 to enroll in DANZ 412. Dance major and placement audition or permission of the chair. Reinforcement in the study of ballet technique at the preprofessional level. An extension of DANC 411-412, which can be taken concurrently.

DANZ 412. Ballet Technique IV Laboratory. 1 Hour.

Continuous courses; 2 studio hours. 1-1 credit. May be repeated for a maximum total of 4 credits on the recommendation of the chair. Prerequisites: completion of DANZ 411 to enroll in DANZ 412. Dance major and placement audition or permission of the chair. Reinforcement in the study of ballet technique at the preprofessional level. An extension of DANC 411-412, which can be taken concurrently.