SOCIAL WORK, BACHELOR OF (B.S.W.)

The Bachelor of Social Work requires completion of 120 credits, including 46 credits in the major. The curriculum of the baccalaureate program is specifically designed to prepare students for beginning-level generalist social work practice. This practice model requires a broad base of knowledge about individuals, families, groups, communities and organizations and an appreciation of cultural diversity. General education courses provide an essential foundation for the upper-level professional curriculum and are required for admission to junior and senior social work courses.

Student learning outcomes

Upon completing this program, students will know and know how to do the following:

1. Demonstrate ethical and professional behavior
2. Engage diversity and difference in practice
3. Advance human rights and social, economic and environmental justice
4. Engage in practice-informed research and research-informed practice
5. Engage in policy practice
6. Engage with individuals, families, groups, organizations and communities
7. Assess individuals, families, groups, organizations and communities
8. Intervene with individuals, families, groups, organizations and communities
9. Evaluate practice with individuals, families, groups, organizations and communities

Academic policies

Transfer students

Students who transfer to VCU from another institution as social work majors are not required to complete the UNIV 111 and UNIV 112 sequence. Instead, these students must transfer three credits in writing and composition course work with a grade of C or better (approved by the program director) in lieu of UNIV 111. Students may also transfer three additional credits in writing and composition course work with a grade of C or better (approved by the program director) in lieu of UNIV 112 or complete UNIV 200 at VCU with a grade of C or better. The remaining three credits from the UNIV 111, UNIV 112 and UNIV 200 sequence requirement may be completed as general electives. This policy applies only to students who transfer to VCU after their freshman year and may not be used by students who began their studies as freshmen at VCU.

Transfer of credits from other colleges or universities or from other programs at VCU is determined on an individual basis.

Application process

Students eligible to register for upper-level social work courses need to make an appointment with their adviser to review and complete the "Application for Admission to the B.S.W. Professional Preparation Program" form. This form is available from your student success adviser. Although the B.S.W. program can be completed on a part-time basis, it cannot be completed exclusively in the evening because of field practicum requirements and the scheduling of some classes.

Course restrictions

Practice (SLWK 332, SLWK 441 and SLWK 442) and field education (SLWK 393, SLWK 494-SLWK 495) courses and the senior seminar (SLWK 499) are restricted to social work majors only. Students minoring in social welfare, or other students with permission of program director or course instructor, may take the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLWK 311</td>
<td>Social Work and Oppressed Groups</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 313</td>
<td>Person in Society I</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 330</td>
<td>Person in Society II</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 380</td>
<td>Foundations of Social Work Research I</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 381</td>
<td>Foundations of Social Work Research II</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 422</td>
<td>Social Welfare Legislation and Services</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 431</td>
<td>Person in Society III</td>
<td>3</td>
</tr>
</tbody>
</table>

In all cases, however, prerequisites must be satisfied.

Field placements require students to spend 14 hours a week in an agency and cannot be completed on nights and weekends.

Honors in social work

Undergraduate social work majors may earn honors in social work by excelling academically and completing a research-based honors thesis under the supervision of faculty mentors. Students apply for honors in social work in the second semester of their junior year (spring or summer). To graduate with honors in social work, students must satisfy all of the following conditions:

- Earn a 3.5 cumulative grade point average.
- Earn a grade of A in SLWK 380 and SLWK 381 and a minimum grade of B in all other social work courses.
- Complete six to nine credits of independent study (SLWK 492) with a minimum grade of B to propose and implement a research project under the supervision of a faculty mentor.
- Present and successfully defend in writing and orally the findings from the research project in the form of an honors thesis to a committee of three faculty members (one of whom is the student’s mentor).

Students who meet these requirements and all other graduation requirements of the university will have honors in social work noted on their transcripts. For further information about the application process and detailed instructions for completing the honors thesis, students should contact the B.S.W. program director.

Special requirements

To complete lower-division requirements and begin the professional preparation curriculum of the B.S.W. program, students must:

1. Complete the following specific courses (38 credits):

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 103</td>
<td>Introduction to Anthropology</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 101</td>
<td>Biological Concepts</td>
<td>3</td>
</tr>
<tr>
<td>BIOZ 101</td>
<td>Biological Concepts Laboratory</td>
<td>1</td>
</tr>
</tbody>
</table>
102 level in a foreign language must complete at least one college-level course in the same language. Students who place into or are waived out of the 101 and 102 level in a foreign language must complete the 102 level in the same language. Credits earned by CLEP do not count toward the fulfillment of this requirement.

### Degree requirements for Social Work, Bachelor of (B.S.W.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>General education (<a href="http://bulletin.vcu.edu/undergraduate/undergraduate-study/general-education-curriculum/">link</a>)</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>Select 12-13 credits from general education foundations and 17-18 credits from areas of inquiry.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Major requirements

- **Major core requirements**
  - SLWK 201  Introduction to Social Work  3
  - SLWK 230  Communication in the Helping Process  3
  - SLWK 311  Social Work and Oppressed Groups  3
  - SLWK 313  Person in Society I  3
  - SLWK 330  Person in Society II  3
  - SLWK 332  Social Work Practice: Fundamentals  3
  - SLWK 380  Foundations of Social Work Research I  3
  - SLWK 381  Foundations of Social Work Research II  3
  - SLWK 393  Junior Field Instruction  3
  - SLWK 422  Social Welfare Legislation and Services  3
  - SLWK 431  Person in Society III  3
  - SLWK 441  Social Work Practice I  3
  - SLWK 442  Social Work Practice II  3
  - SLWK 494  Senior Field Instruction I  3
  - SLWK 495  Senior Field Instruction II  3
  - SLWK 499  Senior Seminar  1

#### Ancillary requirements

- **Anthropology**
  - ANTH 103  Introduction to Anthropology (satisfies general education BOK for social/behavioral sciences and AOI for global perspectives)  3

- **Biology**
  - BIOL 101  Biological Concepts (satisfies general education BOK for natural sciences and AOI for scientific and logical reasoning)  3
  - BIOL 103  Global Environmental Biology  3
  - or BIOL 201  Human Biology  3
  - or BIOL 217  Principles of Nutrition  3
  - or SOCS 340  Human Sexuality  3

- **Psychology**
  - PSYC 401  Physiological Psychology  3
  - or PSYC 406  Perception  3
  - or PSYC 412  Health Psychology  3

- **Mathematics**
  - MATH 131  Introduction to Contemporary Mathematics (satisfies general education quantitative foundations)  3-4
  - or MATH 141  Algebra with Applications  3
  - or MATH 151  Precalculus Mathematics  3
  - or MATH 200  Calculus with Analytic Geometry I  3

- **Philosophy**
  - PHIL 201  Introduction to Ethics  1
  - or PHIL 211  History of Ethics  3
  - or PHIL 212  Ethics and Applications  3
  - or PHIL 213  Ethics and Health Care  3

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Foreign language requirement: Students who place into or are waived out of the 101 level in a foreign language must complete the 102 level in the same language. Students who place into or are waived out of the 101 and 102 level in a foreign language must complete at least one college-level course in any language. Credits earned by CLEP do not count toward the fulfillment of these requirements.
### Social Work, Bachelor of (B.S.W.)

- **PSYC 101** Play course video for Introduction to Psychology (satisfies general education AOI for diversities in the human experience)
- **PSYC 304** Life Span Developmental Psychology
- **PSYC 407** Psychology of the Abnormal
- **SOCY 101** Play course video for Introduction to Sociology (satisfies general education AOI for diversities in the human experience)
- **UNIV 111** Play course video for Focused Inquiry I (satisfies general education UNIV foundations)
- **BIOZ 101** Biological Concepts Laboratory
- **UNIV 112** Play course video for Focused Inquiry II
- **Elections from HIST, POLI or ECON**
- **General education course (select any AOI)**
- **Open elective**

**Total Hours:** 120

*If PHIL 201 or PHIL 221 is taken, students may need to take additional open electives to meet degree requirements.

The minimum number of credit hours required for this degree is 120.

What follows is a sample plan that meets the prescribed requirements within a four-year course of study at VCU. Please contact your adviser before beginning course work toward a degree.

### Freshman year

**Fall semester**

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 103</td>
<td>Introduction to Anthropology (satisfies general education BOK for social/behavioral sciences and AOI for global perspectives)</td>
<td>3</td>
</tr>
<tr>
<td>MATH 131</td>
<td>Introduction to Contemporary Mathematics (satisfies general education quantitative foundations)</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 101</td>
<td>Introduction to Psychology (satisfies general education AOI for diversities in the human experience)</td>
<td>4</td>
</tr>
<tr>
<td>PSYC 304</td>
<td>Life Span Developmental Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 407</td>
<td>Psychology of the Abnormal</td>
<td>3</td>
</tr>
</tbody>
</table>

**Spring semester**

- **SLWK 201** Introduction to Social Work
- **SLWK 230** Communication in the Helping Process
- **SLWK 201** Introduction to Social Work
- **UNIV 112** Play course video for Focused Inquiry II
- **UNIV 200** Inquiry and the Craft of Argument (satisfies general education UNIV foundations)
- **SLWK 330** Person in Society II
- **SLWK 332** Social Work Practice: Fundamentals
- **SLWK 380** Foundations of Social Work Research I
- **Open electives**
- **PSYC 304** Life Span Developmental Psychology
- **PSYC 101** Play course video for Introduction to Psychology
- **PSYC 407** Psychology of the Abnormal
- **SOCY 101** Play course video for Introduction to Sociology

**Total Hours:** 16
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>BIOL 103</td>
<td>Global Environmental Biology or Human Biology</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 201</td>
<td>Principles of Nutrition or Human Sexuality</td>
<td></td>
</tr>
<tr>
<td>BIOL 217</td>
<td>Physiological Psychology or Perception</td>
<td></td>
</tr>
<tr>
<td>SOCS 340</td>
<td>Health Psychology</td>
<td></td>
</tr>
<tr>
<td>PSYC 401</td>
<td>or</td>
<td></td>
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<tr>
<td>PSYC 406</td>
<td>or</td>
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<tr>
<td>PSYC 412</td>
<td>or</td>
<td></td>
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<tr>
<td>SLWK 422</td>
<td>Social Welfare Legislation and Services or Person in Society III</td>
<td>3</td>
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<tr>
<td>SLWK 431</td>
<td>or</td>
<td></td>
</tr>
<tr>
<td>SLWK 441</td>
<td>Social Work Practice I</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 494</td>
<td>Senior Field Instruction I</td>
<td>3</td>
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<tr>
<td>Open elective</td>
<td>or</td>
<td>3</td>
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</tbody>
</table>

**Spring semester**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>PSYC 407</td>
<td>Psychology of the Abnormal</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 422</td>
<td>Social Welfare Legislation and Services or Person in Society III</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 431</td>
<td>or</td>
<td></td>
</tr>
<tr>
<td>SLWK 442</td>
<td>Social Work Practice II</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 495</td>
<td>Senior Field Instruction II</td>
<td>3</td>
</tr>
<tr>
<td>SLWK 499</td>
<td>Senior Seminar</td>
<td>1</td>
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</tbody>
</table>

**Term Hours:**

15

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLWK 230</td>
<td>Communication in the Helping Process. 3 Hours.</td>
<td>3</td>
</tr>
</tbody>
</table>

Semester course; 3 lecture hours. 3 credits. The study of the knowledge, skills and values of effective human communication and interpersonal relations. Includes observation, collection and description of data, verbal and nonverbal communication and the relevance of the above to social work practice. Integrates issues of human diversity in all course content. Emphasizes the demonstration and practice of communication through structured exercises.

**SLWK 311. Social Work and Oppressed Groups. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Open only to majors or minors in social welfare with junior status or by permission of program director or course instructor. Examines forces leading to individual prejudice and institutional oppression. Focuses on impact of oppression. Provides students with an understanding of diversity and a general knowledge of social work strategies to alleviate oppression and to empower the oppressed.

**SLWK 313. Person in Society I. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Prerequisites: ANTH/INTL 103; BIOL 101, BIOL 151 or BIOL 152; PSYC 304; and SOCY 101. Open only to majors or minors in social welfare with junior status or by permission of program director or course instructor. First of a three-semester sequence on human behavior and the social environment. Uses theoretical concepts and research findings from the behavioral sciences as background for understanding and assessing the functioning of individuals and families in their social environment. Facilitates integration of theory and research with assessment skills associated with basic social work practice. Emphasizes the social systems approach for analyzing the impact of various social problems on individual and family dynamics.

**SLWK 330. Person in Society II. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Prerequisite: SLWK 313 with a minimum grade of C. Open only to majors or minors in social welfare with junior status or by permission of program director or course instructor. Second of three courses on human behavior in the social environment. Uses theoretical concepts from the behavioral sciences to understand the family and small groups as social institutions and social groups as context for human behavior over the life cycle. Designed to provide a theoretical foundation for practice with families and small groups.

**SLWK 332. Social Work Practice: Fundamentals. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Prerequisite: SLWK 313 with a minimum grade of C. Corequisite: SLWK 393. Open only to social work majors with junior status. First of three semester practice sequence. Introduces students to basic concepts and skills of beginning-level professional generalist social work practice. Emphasizes application of concepts to the concurrent fieldwork experience.

**SLWK 380. Foundations of Social Work Research I. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Open only to majors or minors in social welfare with junior status or by permission of program director or course instructor. First of two semester research sequence. Designed to provide an understanding and appreciation of a scientific, analytic approach to building knowledge for practice and for evaluating multilevel service delivery. Provides an overview of the research process, including problem formulation, sampling, design, measurement, data collection, data analysis and dissemination of findings. Presents ethical standards of scientific inquiry with special attention to research with vulnerable and oppressed populations.

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1 The minimum number of credit hours required for this degree is 120.

2 If PHIL 201 or PHIL 221 is taken, students may need to take additional open electives to meet degree requirements.

**SLWK 200. Building a Just Society. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Course will introduce students to social justice issues in a local context with a focus on expanding and deepening their knowledge and skills to effect change through active engagement in the community. Course promotes an understanding and critical analysis of multiple forms of oppression in social systems and in personal experience using professional social work perspectives and theoretical frameworks. Selected reference materials and experiential learning activities are designed to enhance student understanding of what constitutes a just community and a just society. The course is offered as service-learning.

**SLWK 201. Introduction to Social Work. 3 Hours.**

Semester course; 3 lecture hours. 3 credits. Systematic overview of the social work profession. Knowledge of the nature of social work, the fields of social work practice, target populations, overview of social work methods.
SLWK 381. Foundations of Social Work Research II. 3 Hours.
Semester course; 3 lecture hours. 3 credits. Prerequisite: SLWK 380 with a minimum grade of C. Open only to social work majors or minors in social welfare with junior status or by permission of program director or course instructor. The content includes a review of basic statistical univariate and bivariate descriptive and inferential tools for analyzing, interpreting and presenting data for decision-making in generalist social work practice. It also introduces methods for analysis of quantitative and qualitative data and further develops critical-thinking skills in translating empirical research findings into generalist social work practice principles.

SLWK 391. Topics in Social Work. 1-3 Hours.
Semester course; variable hours. 1-3 credits. An in-depth study of a selected topic relevant for professional social work practice. See the Schedule of Classes for the specific topic to be offered each semester.

SLWK 393. Junior Field Instruction. 3 Hours.
Semester course; 3 field experience hours. 3 credits. Prerequisite: SLWK 313 with a minimum grade of C. Corequisite: SLWK 332. Enrollment is restricted to social work students with junior status. Students will be required to engage in experiential activities that may include agency-based, simulated or virtual learning opportunities. Intended to facilitate the student’s understanding of agency structure and community context, ability to engage in professional relationships, to assess strengths, define problems, set goals and utilize beginning-level practice skills with individuals, families, groups, organizations and communities. Promotes identification as a professional social worker.

SLWK 422. Social Welfare Legislation and Services. 3 Hours.
Semester course; 3 lecture hours. 3 credits. Prerequisites: completion of SLWK 311, 313, 332, 380, 381 and 393, each with a minimum grade of C. Enrollment restricted to majors or minors in social welfare with junior status or by permission of program director or course instructor. Analyzes social welfare policy as related to social values, social problems and social structures. Examines frameworks for policy analysis and for evaluation of programmatic outcomes of policy, with application to contemporary social service and income maintenance policies and delivery systems. Considers the economic, political and ideological factors and processes that affect social welfare legislation, financing and implementation.

SLWK 431. Person in Society III. 3 Hours.
Semester course; 3 lecture hours. 3 credits. Prerequisite: SLWK 313 with a minimum grade of C. Open only to majors or minors in social welfare with junior status or by permission of program director or course instructor. Third of three courses on human behavior in the social environment. Builds on the theoretical concepts from the behavioral sciences discussed in SLWK 230 and 313. Focus on understanding organizations and how their purposes, auspices, structure, processes and environment affect the delivery of social services to diverse groups. The community context of social services, including that of the consumer, is emphasized from an open systems theoretical perspective. Students will be expected to integrate course content with their field experience or other agency with which they are familiar. Required of all undergraduate social work majors.

SLWK 441. Social Work Practice I. 3 Hours.
Semester course; 3 lecture hours. 3 credits. Prerequisites: SLWK 332, 381 and 393, each with a minimum grade of C. Open only to majors with senior standing. Second of a three-semester practice sequence. Review of interviewing and problem-solving for generalist social work practice with diverse populations. Emphasis on agency structure and function, skills of engagement and problem definition, assessment, planning for intervention, and evaluation. Use of material from concurrent fieldwork practice to facilitate integration of learning.

SLWK 442. Social Work Practice II. 3 Hours.
Semester course; 3 lecture hours. 3 credits. Prerequisites: SLWK 441 and SLWK 494, each with a minimum grade of C. Open only to majors with senior standing. Third of a three-semester practice sequence. Emphasizes planning and implementing change with diverse populations, professional ethics, professional development, termination and evaluation of generalist social work practice. Use of case material from concurrent fieldwork practice to facilitate integration of learning.

SLWK 492. Independent Study. 1-3 Hours.
Semester course; 1, 2 or 3 lecture hours. 1, 2 or 3 credits. Prerequisites: junior or senior standing, and permission of instructor. Under supervision of a faculty adviser, whose consent is required to register, study of a topic of concern to the student. Each student must present his or her findings in writing or pass an oral examination.

SLWK 494. Senior Field Instruction I. 3 Hours.
Semester course. 3 credits. Prerequisite: completion of SLWK 332, 381 and 393, each with a minimum grade of C. Corequisite: SLWK 441. Open only to majors with senior status. Fourteen hours per week in a community agency under the supervision of an agency-based field instructor. Intended to develop knowledge, values and social work practice skills appropriate to entry-level generalist practice in human service agencies.

SLWK 495. Senior Field Instruction II. 3 Hours.
Semester course. 3 credits. Prerequisite: completion of SLWK 494 with a minimum grade of C. Corequisite: SLWK 442. Open only to majors with senior status. Fourteen hours per week in a community agency under the supervision of an agency-based field instructor. Intended to develop knowledge, values and social work practice skills appropriate to entry-level generalist practice in human service agencies.

SLWK 499. Senior Seminar. 1 Hour.
Semester course; 1, 2 or 3 lecture hours. 1, 2 or 3 credits. Prerequisites: SLWK 442 and 495. Typically to be taken in the last semester of the student’s senior year. This course serves as an academic culmination of the undergraduate social work program. The student will compile a portfolio of B.S.W. program academic materials, complete a professional self-assessment and resume and participate in the development of a comprehensive generalist intervention plan with regard to a specified social problem.