

PUBLIC HEALTH, MASTER OF (M.P.H.) WITH A CONCENTRATION IN APPLIED PUBLIC HEALTH

Program accreditation

Council on Education for Public Health

Program mission

Vision

A future where all communities experience optimal health and well-being

Mission

Provide high-quality training rooted in foundational public health services that equips learners with the knowledge and skills to drive innovation and advance the health of all populations.

The overall goal of the M.P.H. program is to educate students to become well-grounded in the essential knowledge, skills and attitudes of public health and demonstrate their ability to apply these essentials through course work, internships and the M.P.H. capstone project. The applied public health concentration is designed to provide students with the skills required to advance to a broad spectrum of positions as public health practitioners

The program's structure provides a framework for the progressive development of a mastery of the current state of public health and an ability to synthesize and apply this information to identify key areas of practice and research in public health. Students will develop educational competencies outlined by the M.P.H. program. These competencies cover the foundational knowledge necessary for a public health practitioner to both communicate the core of public health knowledge and express the design, results and interpretation of various public health interventions, evaluations and data collection and analysis efforts to a variety of potential audiences.

Student learning outcomes

Student learning outcomes are monitored by the program faculty and center primarily around competencies for all students. Overall learning outcomes are as follows.

1. Integrated knowledge of public health: Students will demonstrate knowledge of the current elements of public health, at a level assessed by program faculty as competent or higher, according to the program rubric.
2. Demonstration of focused knowledge and skills: Students will demonstrate more detailed knowledge and applied skills in the individual area of scholarship, including familiarity with the research literature and the ability to evaluate and critique publications, at a level assessed by program faculty as competent or higher, according to the program rubric.
3. Development of competencies: Through program course work and applied experiences, students will develop competence in the discipline of public health as demonstrated through annual self-assessment of performance on the M.P.H. program competencies and faculty assessment of (1) student competence in semi-annual student reviews and (2) student performance in the program's integrated learning experience, the capstone project.
4. Training in appropriate public health skills/knowledge: Through didactic study and two separate applied experiences in professional

public health settings, students will gain the knowledge and skills required to perform as public health practitioners and/or researchers.

The M.P.H. program trains students to develop educational competencies established by the program's accrediting body, the Council on Education for Public Health. These competencies may be viewed on the School of Public Health's website (<https://sph.vcu.edu/education/mph/competencies/>).

VCU Graduate Bulletin, VCU Graduate School and general academic policies and regulations for all graduate students in all graduate programs

The VCU Graduate Bulletin website documents the official admission and academic rules and regulations that govern graduate education for all graduate programs at the university. These policies are established by the graduate faculty of the university through their elected representatives to the University Graduate Council.

It is the responsibility of all graduate students, both on- and off-campus, to be familiar with the VCU Graduate Bulletin as well as the **Graduate School website** and academic regulations in individual school and department publications and on program websites. However, in all cases, the official policies and procedures of the University Graduate Council, as published on the VCU Graduate Bulletin and Graduate School websites, take precedence over individual program policies and guidelines.

Visit the academic regulations section for additional information on academic regulations for graduate students.

Degree candidacy requirements

A graduate student admitted to a program or concentration requiring a final research project, work of art, thesis or dissertation, must qualify for continuing master's or doctoral status according to the degree candidacy requirements of the student's graduate program. Admission to degree candidacy, if applicable, is a formal statement by the graduate student's faculty regarding the student's academic achievements and the student's readiness to proceed to the final research phase of the degree program.

Graduate students and program directors should refer to the following degree candidacy policy as published in the VCU Graduate Bulletin for complete information and instructions.

Visit the academic regulations section for additional information on degree candidacy requirements.

Graduation requirements

As graduate students approach the end of their academic programs and the final semester of matriculation, they must make formal application to graduate. No degrees will be conferred until the application to graduate has been finalized.

Graduate students and program directors should refer to the following graduation requirements as published in the Graduate Bulletin for a complete list of instructions and a graduation checklist.

Visit the academic regulations section for additional information on graduation requirements.

Other information

The M.P.H. program student handbook is available upon request.

Apply online at [sophas.org](http://www.sophas.org) ([http://www.sophas.org/](http://www.sophas.org)) and submit a VCU supplemental application following submission of the SOPHAS application.

Admission requirements

| Degree: | Semester(s) of entry: | Deadline dates: | Test requirements: |
|---------|-----------------------|-----------------|---|
| M.P.H. | Fall | March 1 | TOEFL or IELTS for international students |
| | Spring | Nov 7 | TOEFL or IELTS for international students |

In addition to the general admission requirements of the VCU Graduate School (<https://bulletin.vcu.edu/graduate/study/admission-graduate-study/admission-requirements/>), to be considered for admission, applicants must meet the following requirements:

1. Prior degree: Students must hold a bachelor's degree from an accredited institution, with a minimum GPA of 3.0 on a 4.0 scale in all undergraduate and any other graduate studies. Official copies of transcripts for all prior degrees earned must be submitted to the VCU Office of Graduate Admissions.
2. Standardized tests for English proficiency: International students must submit TOEFL, IELTS or PTE scores. Minimum TOEFL score is 600 (paper-based), 250 (computer-based) or 100 (Internet-based); IELTS minimum score is 7.0; PTE minimum score is 65. Any exceptions to the English proficiency requirement can be found on the International Admissions website. (<https://admissions.vcu.edu/apply-to-vcu/international/graduate/>) Please contact the M.P.H. education administrator with any questions.

Students must also submit the following materials with their applications:

1. Letters of recommendation from two individuals who can assess the applicant's qualifications for graduate school; at least one academic reference is recommended. Most appropriate are letters from past professors or work supervisors.
2. Current version of curriculum vitae or resume. Include experience and/or education relevant to study in public health.
3. Personal statement covering the following issues in two to five pages:
 - a. Description of the applicant's career goals
 - b. Why the applicant wishes to pursue an M.P.H. degree
 - c. How an M.P.H. degree will help the applicant achieve her/his career goals
 - d. Description of applicant's particular areas of interest in public health (e.g., maternal and child health, epidemiology)
 - e. Why VCU's M.P.H. program best fits the student's public health interests
 - f. What applicant plans to do in the first few years after graduation

Degree requirements

The mission of the Master of Public Health program is to provide exceptional public health training; conduct cutting-edge, translational

research; promote health equity and community wellness; and foster lifelong inquiry and discovery that improve human health. The program prepares students committed to public health careers in the public, private or nonprofit sectors through a rigorous curriculum to help students develop analytic and critical-reasoning skills to improve population health. The M.P.H. program boasts experiential learning, a highly interactive environment, accessible and approachable faculty and student involvement in significant projects.

In addition to general VCU Graduate School graduation requirements (<https://bulletin.vcu.edu/academic-regs/grad/graduation-info/>), a minimum of 45 credit hours of formal course work is required, including:

1. 26 credits minimum of core didactic course work, including:
 - a. A three-credit internship, typically conducted in the summer between the first and second year
 - b. A minimum three-credit capstone project planned and implemented in the final year of the program
2. Nine credits minimum of concentration course work
3. 10 credits minimum of concentration elective course work

Note that some elective courses may not be available in certain years or may require instructor permission for registration.

Curriculum requirements

| Course | Title | Hours |
|------------------------------|--|-------|
| Required core courses | | |
| BIOS 543 | Graduate Research Methods I | 3 |
| EPID 571 | Principles of Epidemiology | 3 |
| HCPR 601 | Introduction to Health Policy | 3 |
| IPEC 563 | Interprofessional Complex Care Coordination | 2 |
| PHLT 580 | Public Health Ethics | 1 |
| PHLT 593 | Foundations of Public Health Profession | 2 |
| PHLT 604 | Principles of Environmental Health | 3 |
| PHLT 693 | Public Health Internship | 3 |
| PHLT 694 | MPH Capstone Project | 3 |
| SBHD 605 | Introduction to Social and Behavioral Health | 3 |

| Required additional courses | | |
|------------------------------------|---|---|
| PHLT 600 | Introduction to Public Health | 3 |
| SBHD 628 | Public Health Program Planning and Evaluation | 3 |
| SBHD 632 | Health Disparities and Social Justice | 3 |

Elective courses 10

Select a minimum of 10 credit hours of coursework chosen according to the area(s) of interest in public health. These may include the following:

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| BIOS 535 | Behavioral Measurement |
| BIOS 549 | Spatial Data Analysis |
| EPID 548 | Applied Data Analysis Lab |
| EPID 606 | Epidemiologic Methods |
| EPID 620 | Cancer Epidemiology |
| EPID 622 | Maternal and Child Health |
| EPID 623 | Injury and Violence Epidemiology |
| EPID 624 | Chronic Disease Epidemiology |

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| EPID 626 | Environmental Epidemiology |
| EPID 627 | Nutritional Epidemiology |
| EPID 629 | Data Management and Visualization |
| EPID 645 | Public Health Genomics |
| EPID 646 | Epidemiology of Psychiatric and Substance Use Disorders |
| EPID 691 | Special Topics |
| EPID 692 | Independent Study |
| GRAD 614 | Introduction to Grant Writing |
| GRTY 501 | Physiological Aging |
| GRTY 510 | Aging |
| GRTY 603 | Social Gerontology |
| GRTY 604 | Problems, Issues and Trends in Gerontology |
| HADM 615 | Health Care Politics and Policy |
| HADM 662 | Foundations of Health Equity |
| HADM 663 | Reducing Health Disparities |
| HADM 664 | Health Equity: Policy and Advocacy |
| HADM 665 | Applications of Health Equity |
| HCPR 602 | Public Health Policy and Politics |
| HCPR 691 | Special Topics in Healthcare Policy and Research |
| HCPR 692 | Special Topics in Healthcare Policy and Research |
| HEMS 505 | Contemporary Issues in Health |
| HEMS 550 | Exercise, Nutrition and Weight Management |
| HEMS 604 | Nutrition for Health and Physical Activity |
| HEMS 605 | Psychology of Physical Activity |
| HEMS 606 | Psychosocial Aspects of Sport and Physical Activity |
| HSEP 601 | Foundations in Emergency Management |
| HSEP 603 | Risk Assessment |
| HSEP 650 | Public Health Preparedness |
| PHLT 601 | Contemporary and Controversial Issues in Public Health |
| PSYC 660 | Health Psychology |
| SBHD 612 | Fundamentals of Cancer Health Equity |
| SBHD 613 | Community-engaged Research and Cancer Disparities |
| SBHD 630 | Theoretical Foundations of Social and Behavioral Health |
| SBHD 636 | Community-based Participatory Research |
| SBHD 638 | Applications in Qualitative Research Methods |
| SOCY 510 | Domestic and Sexual Violence in Social Context |
| SOCY 524 | Aging and the Minority Community |
| SOCY 603 | Seminar in Population Studies |
| SOCY 607 | Seminar in Racial and Ethnic Relations in America |

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| SOCY 611 | Studies in the Community |
| SOCY 620 | Seminar in Criminology |
| SOCY 624 | |
| SOCY 632 | Intimate Partner and Sexual Violence: Medical Practice and Policy |
| SOCY 633 | Application of the Policy Process to Issues of Violence |
| SOCY 634 | Social Contexts of Childhood and Violence |
| SOCY 635 | Theorizing Gender Violence |
| SOCY 645 | The Sociology of Health and Illness |
| URSP 521 | Introduction to Geographic Information Systems |
| URSP 621 | Introduction to Geographic Information Systems |

Total Hours **45**

The minimum number of graduate credit hours required for this degree is 45.

Public health internship: The public health internship is a supervised experience designed to expose M.P.H. students to a real-world public health practice setting, such as a governmental public health agency or nonprofit organization, requiring them to integrate classroom knowledge and skills in practical applications in a professional environment. Each student intern works with a practice site supervisor who assigns tasks, instructs the student in new skills and evaluates the student's progress. Students work a minimum of 180 hours in a professional public health organization.

Capstone project: The culminating work in the M.P.H. program is the capstone project. The project is a practical experience that allows the student to apply what has been learned in the didactic components of the curriculum to a focused project. The goal is to enhance the student's academic experience through the application of public health concepts and skills in a supervised experience. Students are required to synthesize the literature; analyze, assess or evaluate quantitative or qualitative data; and in general, apply theory and integrate knowledge gained and principles in situations that approximate some aspects of professional practice. With this mentored experience, students are able to both broaden their skills and hone their proficiency in a specific area of public health. The major product of this culminating experience is expected to vary depending on the educational goals of the student, but could include one of the following:

1. Manuscript suitable for publication in a peer-reviewed journal
2. Comprehensive disease-related report and analysis
3. Policy analysis report
4. Needs assessment for a specific population
5. Development, implementation and analysis of target population surveys
6. Program evaluation

At a minimum, the capstone experience will require the integration of multiple major competencies used by a public health professional. In fulfilling the capstone requirement, each candidate must: (a) submit a formal written paper of sufficient depth and rigor and (b) satisfactorily complete a poster presentation of the project chosen as the basis for

the written paper at an appropriate venue (e.g., research forum, refereed conference, etc.) approved by the M.P.H. program director.

Students are expected to maintain satisfactory academic progress on the capstone project; such progress entails completing the capstone project according to the timeline included in the student's proposal for the capstone project (typically in no more than one to two semesters). Exceptions beyond this time limit must be approved by the student's adviser and the graduate program director, based on the student's submission to the adviser of a written explanation for the delay in progress. This written explanation must include a plan for completing the project, developed by the student with adviser input and approval.

Satisfactory academic progress

Satisfactory academic progress in the M.P.H. program may be assessed on multiple factors. These factors include professional conduct including communication with the adviser about capstone project progress or other relevant work; honor policy adherence and academic conduct; and continuous enrollment compliance. Students are notified of faculty assessment of their progress and performance in the program via semi-annual advising letters provided after the fall and spring semesters. In addition, special advising letters may be issued outside of this cycle if additional guidance or notification of unsatisfactory academic progress is necessary.

Non-curricular program requirements

In addition to course work, students are required to complete the following non-curricular requirements for the M.P.H. degree:

1. Documented attendance at 12 public health seminars
2. Twenty hours of community-based service-learning

Students who complete the requirements for this concentration will receive a Master of Public Health.

M.D.-M.P.H. opportunity

The M.D.-M.P.H. program allows students to pursue both the M.D. and M.P.H. degrees using a coordinated program of study and apply a limited number of M.D. requirements toward fulfillment of requirements for the M.P.H. See the dual degree program page (<https://bulletin.vcu.edu/graduate/dual-degree-opps/>) for additional details.

M.S.W.-M.P.H. opportunity

Through a collaborative program between the VCU School of Social Work and the VCU School of Public Health, students complete a three-year full-time program of study, including summer course work, to obtain the Master of Social Work and Master of Public Health degrees. This dual degree program prepares graduates to work with individuals, families, groups, communities and/or organizations; to advocate for social, health care and economic justice in a diverse and multicultural society; and to promote physical and mental health across the life course. Program details (<https://bulletin.vcu.edu/graduate/dual-degree-opps/msw-mph/>) can be found in the dual degree opportunities section of this Bulletin.

Pharm.D.-M.P.H. opportunity

The Pharm.D.-M.P.H. program allows students to pursue both the Pharm.D. and M.P.H. degrees using a coordinated program of study and apply a limited number of Pharm.D. requirements toward fulfillment of requirements for the M.P.H. See the dual degree program page (<https://bulletin.vcu.edu/graduate/dual-degree-opps/pharmd-mph/>) for additional details.

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