HEALTH AND PHYSICAL EDUCATION, BACHELOR OF SCIENCE IN EDUCATION (B.S.ED.)

The purpose of the B.S.Ed. in Health and Physical Education degree is to prepare students to serve as health and physical education teachers in PreK-12 schools, as well as to serve as educators and leaders in schools and community-based settings. The program will focus on providing students with the knowledge and experiences they need to successfully implement national and state health and physical education standards. Students will complete course work enabling them to be successful in a variety of learning environments. Graduates will be prepared to work in public and private elementary, middle and high schools across Virginia, with particular focus in urban and high-need areas. The health and physical education program consists of rigorous course work and field experiences that will enable graduates to be leaders in the profession. Successful completion of the program will result in licensure for health and physical education (PK-12).

See Admission to undergraduate programs (http://bulletin.vcu.edu/undergraduate/education/admission-baccalaureate/) for admission requirements to this program.

Student learning outcomes

1. **Learner and learning:** Students will understand human development and learning theories appropriate to the age group they will teach and acquire an awareness of the diversity of the school-age populations' cultural backgrounds, learning strengths and needs.

2. **Content:** Students will demonstrate knowledge of the subjects they will teach.

3. **Instructional practice:** Students will demonstrate an ability to plan and implement effective teaching and measure student learning in ways that lead to sustained development and learning.

4. **Professional responsibility:** Students will develop an understanding of purposes for education and a defensible philosophical approach toward teaching and demonstrate professional dispositions.

Special requirements

- Students must have received a minimum grade of C in all required education courses (CLED, ECSE, EDUS, HPED, SEDP and TEDU).
- Students must have received a minimum grade of C in all prerequisite courses for all required upper-level education courses (CLED, ECSE, EDUS, HPED, SEDP and TEDU).
- Required education courses (CLED, ECSE, EDUS, HPED, SEDP and TEDU) in which students earn a grade of D or F must be repeated.
- Students must achieve a 2.8 GPA to be admitted to teacher preparation and a 3.0 GPA to be admitted to clinical internship.

Degree requirements for Health and Physical Education, Bachelor of Science in Education (B.S.Ed.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>EDUS 202</td>
<td>Diversity, Democracy and Ethics</td>
<td>3</td>
</tr>
<tr>
<td>EDUS 301</td>
<td>Human Development and Learning</td>
<td>3</td>
</tr>
<tr>
<td>EDUS 304</td>
<td>Educational Psychology for Teacher Preparation</td>
<td>3</td>
</tr>
<tr>
<td>HPEX 372</td>
<td>Survey of Kinesiology and Physiology of Exercise</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 101</td>
<td>Biological Concepts (satisfies general education BOK for natural sciences and AOI for scientific and logical reasoning)</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 205</td>
<td>Basic Human Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>BIOZ 101</td>
<td>Biological Concepts Laboratory</td>
<td>1</td>
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</table>

Select 30 credits of general education courses in consultation with an adviser.

Ancillary requirements

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<tr>
<th>Course</th>
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<tbody>
<tr>
<td>HPEX 372</td>
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</table>

Health and Physical Education, Bachelor of Science in Education (B.S.Ed.) 1
The minimum number of credit hours required for this degree is 120.

What follows is a sample plan that meets the prescribed requirements within a four-year course of study at VCU. Please contact your adviser before beginning course work toward a degree.

**Freshman year**

**Fall semester**

- **BIOL 101**: Biological Concepts (satisfies general education BOK for natural sciences and AOI for scientific and logical reasoning) 3
- **BIOZ 101**: Biological Concepts Laboratory 1
- **HPED 103**: Lifetime Fitness, Wellness and Nutrition 3
- **UNIV 111**: Focused Inquiry I (satisfies general education UNIV foundations) 3
- **General education course**: (select quantitative foundations) 3
- **General education course**: 3

**Term Hours:** 16

**Spring semester**

- **EDUS 202**: Diversity, Democracy and Ethics 3
- **HPED 102**: Health Education as a Discipline 3
- **HPED 205**: History and Philosophy of Health and Physical Education 3
- **TEDU 101**: Introduction to Teaching 3
- **UNIV 112**: Focused Inquiry II (satisfies general education UNIV foundations) 3

**Term Hours:** 16

**Junior year**

**Fall semester**

- **HPED 201**: Assessment and Technology in Health and Physical Education 2
- **HPED 303**: Teaching Team and Individual Sports for Lifetime Fitness 3
- **SEDP 330**: Survey of Special Education 3
- **TEDU 413**: Curriculum Methods and Instructional Models 3
- **TEDU 510**: Instructional Technology in PK-12 Environments 2
- **General education course**: 3

**Term Hours:** 16

**Spring semester**

- **3.0 GPA required for admission to clinical internship**
- **EDUS 304**: Educational Psychology for Teacher Preparation 3
- **HPED 300**: Adapted Physical Education 3
- **HPED 301**: Biomechanics of Teaching Movement Skills 3
- **HPED 302**: Elementary Methods of Physical Education 2
- **HPEX 372**: Survey of Kinesiology and Physiology of Exercise 3
- **TEDU/SEDP 410**: Building a Community of Learners: Classroom Management 3

**Term Hours:** 16

**Senior year**

**Fall semester**

- **HPED 304**: Secondary Methods of Physical Education 2
- **HPED 314**: Practicum for Health and Physical Education 2
- **HPED 403**: Teaching Health Education 2
- **SEDP 401**: Assessment in Diverse Settings 3
- **TEDU 562**: Reading Instruction in the Content Areas 3

**Term Hours:** 17

**Spring semester**

- **HPED 402**: Becoming a Health and Physical Education Professional 1
- **HPED 493**: Field Experience I 4
- **HPED 495**: Field Experience II 4
- **TEDU 405**: Seminar for Student Teaching 1
- **TEDU 452**: Teaching Multilingual Learners 2

**Term Hours:** 12

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**Total Hours:** 120

The minimum number of credit hours required for this degree is 120.