The Bachelor of Interdisciplinary Studies is an individualized and interdisciplinary degree for students who wish to create an individualized curriculum not available in traditional curricular pathways within existing VCU degree programs. Students in the Interdisciplinary Studies Program are able to design an individualized degree compatible with academic, career or personal goals. Selected pathways are available online.

The minimum number of credit hours required for this degree is 120.

Other requirements
The curriculum plan must also meet the following university policies and degree requirements:

- At least 12 credits must be taken in the focus area after acceptance into the program.
- Interdisciplinary studies majors are required to participate in assessment activities (e.g., focus groups and exit surveys) as determined by the Interdisciplinary Studies Program. Assessment information is used to assist faculty in evaluating program effectiveness.
- Students have a variety of credit options, including CLEP examinations, credit for formal military training and credits for certain
professional certifications when they do not duplicate college course work.